

Principal's Report



A Great Start to the Term

The tone of the school is very settled with students resuming straight into their learning in classrooms.

Parents are to be congratulated for the efforts they have made in ensuring that students are dressed in full school uniform each day. Thank you to our teachers and staff for the time they took over the holidays to prepare

lessons and the Term 4 program of learning.

Thank you to our students as always for trying to live the Core Values each day at school.

University Results

Students from our school achieved some excellent results after they participated in the ICAS this year.

32 students took part and were awarded 3 distinctions, 6 credits and 23 participations.

The International Competitions and Assessments for Schools are independent evaluations of students' skills and knowledge in core learning areas, and provide insight into students understanding.

Congratulations to the following students:

Distinction

Jack Carter Lachlan Hunter Ethan Havadjia

Credit

Max Whelan Chloe Wood Belle Jeffrey
 Harry Bice Adrian Dwight
 Angie Cusack

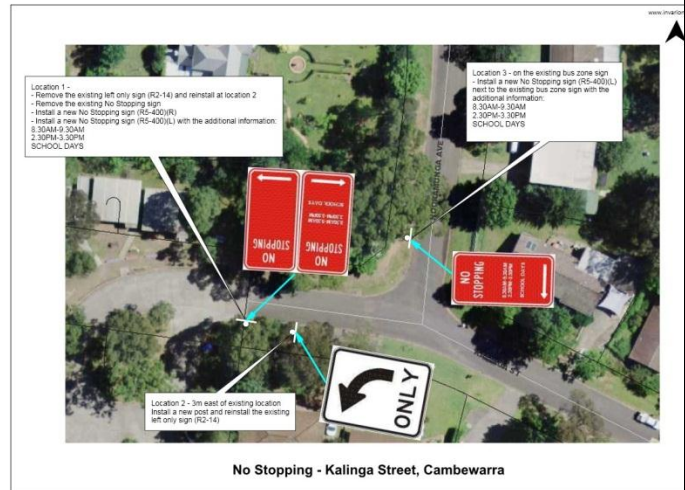
Participation

Brodie Chapman	Nicholas Kuncio	Kyah Brown
Gabby Brown	Alex Parsons	James Batson
Harrison Graham	Miles Angilley	Max Hyam
Lauren Singleton	Joel Horgan	Rachel Clarke
Lily Carter	Jack Batson	Thomas Angilley
Jordan Angilley	Jacob Zerafa	William Stevens
Nikki Murray	Sebastian Jeffrey	Sidney George
Alex Cornell	Lauren Hertzberg	

Changes to No Stopping Zones in Kalinga St

Council Rangers have identified that the existing No Stopping Zones at the end of Kalinga Street are not correctly sign posted.

I have attached a sketch of the proposed works at the end of the bulletin that clearly define the No Stopping Zones to motorists. Please take note of the new signage to avoid hefty fines.



Evacuation Procedure

The school has an emergency and evacuation procedure that can be located on the school's website.

It is perhaps timely to remind our school community of these procedures in the event they are needed.

Intruders or Danger Inside the School Grounds Procedure

- Students move to their class rooms
- Rolls are marked by teachers
- Communication via office and classrooms are made using our phone pager system
- Police, fire brigade, ambulance and DEC security are notified.

Directions about the danger come from the emergency services and DEC security.

In the event that the danger is a fire close to the school, students are evacuated to the Village Green Cambewarra located in the new subdivision area of Cambewarra. Entry to the Village Green is just before Hockeys Lane and just after Victorious Way. Students may also be evacuated to the old school if the emergency is close to the Village Green. The old school site is located on Main Road.

Parents collect their children from the place of evacuation.

Please refer to the school's website for these procedures which can be located at

www.cambewarra-p.schools.nsw.edu.au

Enrolment 2013

It is now time to begin organising student enrolment for 2013. In order to complete accurate enrolment numbers it will be important to know which families intend to leave the school at the end of the year.

If you know you are moving out of the area please notify the school of the date you intend to leave so we can update our records.



State Athletics

Best wishes to Summer Hall competing at the State Athletics Carnival this Thursday in the junior 800 metres.

Best of luck to the girl's cricket team who compete next week against Tumbarumba Public School at Yass for the title New South Wales State Cricket Champions.

our garden and the school environment. It will be an exciting day for the children involved! After school at our staff meeting Stuart will be presenting a range of units called "Beyond the Classroom." These units will be integrated into Science lessons in 2013.



Food Allergies and our School Community

It is important to once again remind parents that we have a number of children and staff in our school with food allergies ranging from mild to moderate and severe reactions which require Epipens and immediate ambulance support. To help keep these staff and children safe there are a number of practices that each of us need to follow.

Food should not be shared. Children should only eat the food packed by you.

Birthday cakes and class celebrations involving food should be discussed with the class teacher prior to their arrival allowing opportunities for those parents of students with food allergies to provide something else to eat for inclusion in these celebrations.

If we can practice these simple yet common sense rules, we can help teach everyone how we help people with allergies to keep safe.

Just a Reminder

Please keep an eye on the school calendar that went home last term to keep up to date with the end of year activities. It's hard to believe we're only 10 weeks away from Christmas.

Have a great fortnight.
Strive for the Highest

Susan Hilliar
Principal

What's Happening in the Garden?

In Week 4 Stuart DeLandre from the Illawarra Environment Centre will be running hands on workshops for Early Stage One, Stage Two and Stage 3 based on

Book Club

Issue 7 is due Wednesday October 24.

P and C News

Uniform Shop

Open Wednesday afternoon from 2.00pm-2.45pm.

Seats Still Left for DFO Trip to Canberra

There has been a good response to the Canberra Shopping trip with over 30 seats booked on the coach for this Saturday October 20. However there are still seats available.

Give Donna Jones a call on 4446 0919 to book your seat, but hurry-the coach leaves Cambewarra this Saturday at 6.40am.

Toy Drive

Thanks to those families who have dropped off their unwanted toys and games to the school office. It's never too late to bring in more - board games, lego and other tactile equipment are particularly wanted.

Canteen News

Volunteers

Our Student Canteen Monitors have now settled into a routine and continue to do a great job. The canteen has come to rely on their helpful and eager assistance. An updated roster/schedule is now up in each of their classrooms.

Hot Dog Day in the last week of Term 3 was a great success with nearly 200 orders delivered. Special thanks to all the volunteers that helped out that day: Jane Brown, Bec Johnston, Natalie Hall, Rachael Batchelor and

Cathy Corkett.

Thanks to our regular rostered and fill-in volunteers too: Lisa, Rae, Victoria, Rachael D, Sam, Roz, Vicky, Mary and also to Alanna and her teenage daughters Eliza and Ruby, who helped out last Friday. We couldn't do it without you all.

Call or text Wendy Carroll on Mobile: 0477 889 327 if you can assist in any way at canteen.

Term 4 Menu

The new menu for Term 4 has Special Main Meals including Beef Burritos, Sushi Rolls and Fish Burgers. While stocks last, homemade Spaghetti Bolognese is available. Try out the new Cambe Sub Rolls with preservative and additive free French/Vietnamese style crusty white bread roll. I recommend having them with ham, lettuce and onion; chicken, lettuce and tomato; or choose any other ingredients.

There will be some price changes coming through. We are keeping them as low as possible but some increases are necessary and overdue.

Canteen Calendar Link:
https://docs.google.com/document/d/1FwGrjWC69r2obk5D8OSIJu4F_tZ5EWXVD3mxY1taM5A/edit
 Deb Jeffrey

Community News is placed on the community notice board near the office.

1-2-3 Magic and Emotion Coaching Parent Course
 Learn to manage difficult behaviour in children 2-12 years old.

A three-session program for parents and carers are at Cambewarra Public School Library on Friday October 19, Thursday October 25, and Friday November 2 from 9.00am-11.0am

Registration fee for the total course cost to Cambewarra parents is \$10.

Register your interest for this course by contacting Julia Wright at Cambewarra Public School on 4446 0038.

Places are limited so please register and pay ASAP.

A second group may operate on a Thursday evening if there is sufficient interest.

For more information contact Yvonne Ferguson on 4446 0038 on Thursdays.

Practical Parenting Workshop

Workshops are being held in Nowra during November for parents and grandparents. See community news for more information.

Call Kim Oliver for enquires on 4423 6233 or 0428 494 034.

Bedwetting

Bedwetting is common in children and causes anxiety around the time of school camps. For more information and a free Bedwetting Fact Sheet please visit www.bedwettinginstitute.com.au or phone 1300 135 796

Canteen Roster	
Week 2	Mon/Tues CLOSED
Thu Oct 18	Nude Food Day Sam Topping am
Fri Oct 19	Mary Fineran am, Vicky Lowbridge am
Week 3	Mon/Tues CLOSED
Tue Oct 23	Help Needed cooking
Wed Oct 24	Linda Stevens am, Jane Brown
Thu Oct 25	Skye O'Sullivan pm, Alanna Hoye 12-3
Fri Oct 26	Help Needed Rae Carter pm
Week 4	Mon/Tues CLOSED
Wed Oct 31	Spooky Halloween Jane Brown
Thu Nov 1	Help Needed
Fri Nov 2	Mary Fineran am, Vicky Lowbridge am
Week 5	Mon/Tues CLOSED
Tue Nov 6	Deb Jeffrey am, Anita Jarrett
Wed Nov 7	Deb Jeffrey, Jane Brown pm
Thu Nov 8	Deb, Wendy, Fiona Peel am, Linda Stevens am, Rach Batchelor
Fri Nov 9	Wendy, Deb Jeffrey, Cathy Corkett, Rae Carter
Week 6	Mon/Tues CLOSED
Wed Nov 14	Deb Jeffrey, Cathy Corkett am, Jane Brown pm
Thu Nov 15	Deb, Wendy, Fiona Peel am, Skye O'Sullivan pm
Fri Nov 16	Wendy, Deb, Mary Fineran am, Vicky Lowbridge am
Week 7	Mon/Tues CLOSED
Tue Nov 20	Deb Jeffrey am, Anita Jarrett
Wed Nov 21	Deb Jeffrey, Jane Brown pm
Thu Nov 22	Deb, Wendy, Fiona Peel am, Sam Topping am
Fri Nov 23	Wendy, Deb Jeffrey, Cathy Corkett, Rae Carter
Week 8	Mon/Tues CLOSED
Wed Nov 28	Special Food Day Deb Jeffrey, Cathy Corkett am, Jane Brown pm
Thu Nov 29	Deb, Wendy, Fiona Peel am, Alanna Hoye 12-3
Fri Nov 20	Wendy, Deb, Mary Fineran am, Vicky Lowbridge am



Class Awards	
To be presented at our Hall Assembly on Monday October 29, at 2.00pm	
KS	Louise Tancred, Levi France, Ebony Lonesborough-Russell
KW	Sebastian Courtney, Cooper Field, Paeyton Pelchen
KMc	Coen Ball, Andie French, Bailey Gossage
1/2T	Reilly Beyer, Gabrielle Christiansen, Isabelle Thaler
1/2Y	Lachie Barnes, Madeleine Kick, Lachlan Vaughan
1/2C	Tahlia Horgan, Bayli Batchelor, Bridget Sheils
1/2G	Gabrielle Johnson, Erica Dwight, Riley Field
3/4R	Meg Brown, Hyeon Parsons, T'blet Taylor
3/4B	Eshanti Burns, Lily Carter, Jacob Zerafa
3/4D	Logan Hills, Emily Price, Will Maher
5/6M	Jack Carter, Josh Green, Alyssa Phelan
5/6W	Jai Elbourne Stanborough, Chloe Wood, Thalia Wallis
5/6B	Isabella Bond, Dan Hall, Malini Lusted

WHAT'S HAPPENING

Term 4	
Week 2	
Thu Oct 18	State Athletics Nude Food Day
Fri Oct 19	State Athletics
Sat Oct 20	Fund Raising Shopping Trip
Week 3	
Wed Oct 24	Produce Stall 8.30-9.00am Book Club due
Week 4	
Mon Oct 29	State Cricket Championship Yass
Tue Oct 30	Illawarra Environment Centre Workshops for Stages 1, 2 and 3
Wed Oct 31	Produce Stall 8.30-9.00am Spooky Halloween
Week 5	
Wed Nov 7	Produce Stall 8.30-9.00am Kinder Orientation 1.15pm-3.00pm
Week 6	
Wed Nov 14	Produce Stall 8.30-9.00am Kinder Orientation Afternoon Tea 2.00pm-2.50pm
Week 7	
Wed Nov 21	Produce Stall 8.30-9.00am
Thu Nov 22	Combined Public Schools Band Day
Week 8	
Tue Nov 27	Musica viva 2.00pm
Wed Nov 28	Produce Stall 8.30-9.00am Kinder Orientation 12.45pm-2.00pm
Week 9	
Mon Dec 3	Presentation Night

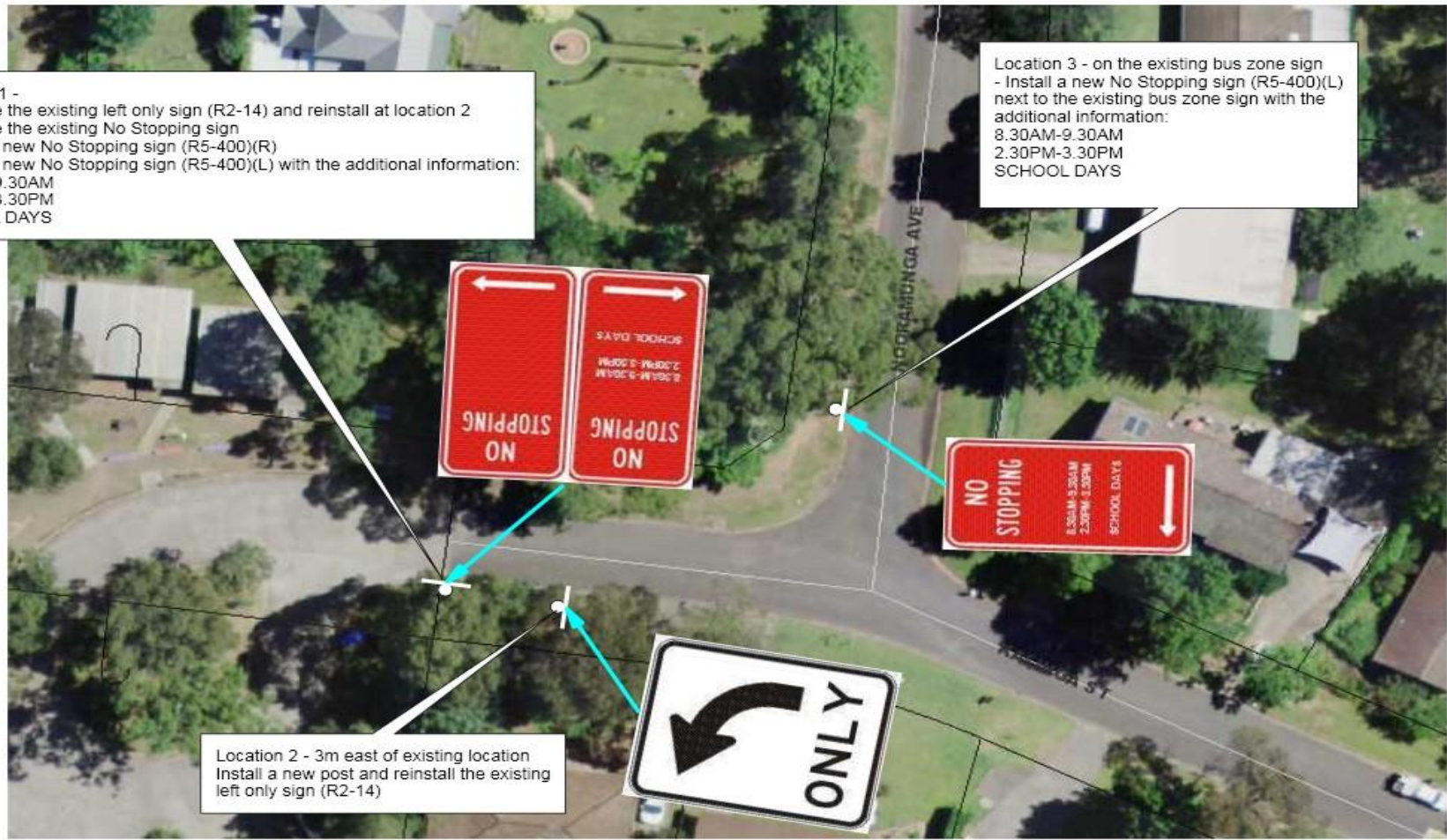




Location 1 -
- Remove the existing left only sign (R2-14) and reinstall at location 2
- Remove the existing No Stopping sign
- Install a new No Stopping sign (R5-400)(R)
- Install a new No Stopping sign (R5-400)(L) with the additional information:
8.30AM-9.30AM
2.30PM-3.30PM
SCHOOL DAYS

Location 3 - on the existing bus zone sign
- Install a new No Stopping sign (R5-400)(L)
next to the existing bus zone sign with the
additional information:
8.30AM-9.30AM
2.30PM-3.30PM
SCHOOL DAYS

Location 2 - 3m east of existing location
Install a new post and reinstall the existing
left only sign (R2-14)



No Stopping - Kalinga Street, Cambewarra



1-2-3 MAGIC[®] & EMOTION COACHING PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years old

A three-session program for parents and carers

at **CAMBEWARRA PUBLIC SCHOOL**

SCHOOL LIBRARY: 9am to 11am

on **Friday October 19, Thursday October 25, and Friday November 2**

Learn:

- ✓ To engage your children's cooperation by positively noticing and encouraging them
- ✓ To set clear expectations and help them develop frustration tolerance
- ✓ To help children's brains to develop filters for behaving well
- ✓ To resolve family conflict quietly
- ✓ Some simple strategies to practise being a calm parent

Registration Fee: The total course cost to Cambewarra Parents is cost \$10

Register your interest for this course by contacting **Julia Wright** at **Cambewarra PS** on **4446 0038**

Places are limited so please register and pay ASAP but before Friday 12th October.

A second group may operate on a Thursday evening if there is sufficient interest.

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child who later down the line, needs excessive discipline or grows out of control

Who is running it?

The presenter for this course is Yvonne Ferguson who completed Parentshop's 1-2-3 Magic[®] & Emotion Coaching practitioner training on April 2012. Yvonne is the school counsellor.

For more information contact Yvonne Ferguson on 4446 0038

Available Thursdays

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective

This course is being run by a Parentshop[®] licensed practitioner. www.parentshop.com.au

Community News - Term 4 Week 2

Flipperball Waterpolo

As seen on the Olympics, waterpolo is a fun and popular game. Flipperball has modified rules for under 12s, including standing on the bottom. Come and try it at Bomaderry Pool on Wednesdays at 6.00pm.

FREE!

Nowra Physical Culture Club would like to invite you to try physical culture in Term 4 at no cost.

Physical Culture is a unique dance and fitness sport for girls 5 years up to senior ladies.

Learning Physie improves confidence, develops a sense of achievement and helps build self-esteem in the best way possible by encouraging girls to perform in front of an audience.

We want to introduce you to Nowra Physical Culture Club, the original physie club in the area, so we are waiving Term 4 fees for new members. You won't require shoes, a uniform or special equipment. Totally cost free.

For more details contact Amanda Poulton 0417 441 799 or like our facebook page www.facebook.com/NowraPhysicalCultureClub

shoalhaven city turf club

events by amanda

www.sctcnowra.com.au

www.eventsbyamanda.com.au

Lyrebird Preschool for 2013

Community based / Not for profit. Limited Vacancies

We offer:

- Highly trained & experienced early childhood teachers
- Learning environments reflecting the children's interest
- Extended hours
- We welcome children with additional needs
- Affordable fees
- Fees range from \$6 to \$28 per day

Phone: 4421 4604 Belinda Becker Email: admin@lyrebirdpreschool.com.au

Shoalhaven Mariners Baseball

Try T-Ball or Baseball day. This is a FREE event!

Friday October 19, 5.30pm to 7.00pm.

Ison Park, Mumbulla St, South Nowra. Contact Michael Taylor 0412 239 939

www.shoalhavenmariners.baseball.com.au shoalhavenmariners@hotmail.com

Southern Rivers CMA

The Southern Rivers CMA has launched a six week on-line community discussion forum to contribute to the update of the Southern Rivers Catchment Action Plan. The ideas of **your** community will contribute to the development of the natural resource management targets and actions that will guide **our** investment and direct efforts over the coming decade.

Community discussion forum now open, please join in to tell us your views and ideas. <http://yoursaysouthernriverscma.com.au/capforum>

Nikki Wagner, Southern Rivers CMA, Bega Office

(02) 6491 8200 (02) 6492 3019 fax nikki.wagner@cma.nsw.gov.au

Cat Sitter Needed

Cat sitter needed for 1 year plus for 2 older cats. I will pay for food and vet bills. Please contact Jo Wheatland on 0408 274 580.

Nowra Practical Parenting Workshops

Workshops are free and generally consist of 3 x 3 hour sessions. Fathers Workshops will often be conducted over a weekend. Childcare and transport is available for participants where needed. Workshops are open to parents, grandparents, aunties/uncles and carers. Participants receive a parenting resource folder and a free play pack (incl. paint pots, brushes, books).

Dates for parent workshops in Nowra.

Monday November 5, 12 and 19 from 9.30am – 12.30 at Nowra Family Support Service, 1/80 Park Rd, Nowra.

Dates for grandparents workshops in Nowra.

Tues November 6, 13 and 20.

For enquiries and to register call Kim Oliver on 4423 6233 or 0428 494 034 or Email to koliver@isml.org.au or complete the registration form which is available from the school office and mail or fax.

AFL Footy

This Saturday October 20 at West St Oval between 9.30am and 1.30pm. All boys and girls between the ages of 4 and 12 are invited to attend. All children receive the AFL School Pack (RRP \$27.50) with a sausage sambo and drink provided. The cost is \$25 for 4 hours of fun and laughs. Call Steve on 0478 225 352.

Did you save your cash bonus for school costs?

Did you budget and use your cash bonus wisely?

Saver Plus provides **free financial education**, budgeting and savings tips to assist you in making your money go further!

Saver Plus will even match your savings dollar for dollar, **up to \$500** towards education costs. There's no catch!

To be eligible you need to have:

- a Health Care or a Pensioner Concession Card
- a child at school or starting next year
- some regular household income, e.g. you or a partner may have casual, part-time, full-time or seasonal work.

Contact Lindi Jamieson-Brown at The Smith Family on 4254 4505 or 0427 439 234

Bedwetting

Bedwetting is common in children and causes anxiety around the time of school camps. At the Bedwetting Institute we have designed an effective program that addresses the causes of bedwetting and offers a practical and achievable method of curing the problem.

A new DBD based program, bedwetting Cured, has been developed by Dr Mark Condon, and Physiotherapist, Margaret O'Donovan. It outlines a successful program for parents to implement at home with their children.

For more information and a free Bedwetting Fact Sheet please visit the website: www.bedwettinginstitute.com.au or phone 1300 135 796.

Seats still left for DFO trip

There has been a good response to the Canberra Shopping trip with over 30 seats booked on the coach. However there are still seats available.

Come along, bring a friend and spend this Saturday (20th October) shopping at Canberra's Direct Factory Outlets Store. With over 100 leading Australian and International brands at prices up to 70% off normal retail prices you're sure to get a bargain. There's fashions, footwear, handbags, jewellery, manchester, sporting goods and more and when you get hungry there's the food outlets.

Give Donna Jones a call on 44460919 to book your seat, but hurry the coach leaves Cambewarra this Saturday at 6.40am.



DFO Canberra

Saturday 20th October

Over 80 speciality shops

Home Makers Hub



Raffles and Games on Coach.
Sit back & relax coming
home with drinks and nibbles
on board.

Proceeds to Cambewarra
School P & C

**Depart Stuarts Depot 6.20am, BMI 6.30am,
Cambewarra (Tannery Rd) 6.40am**

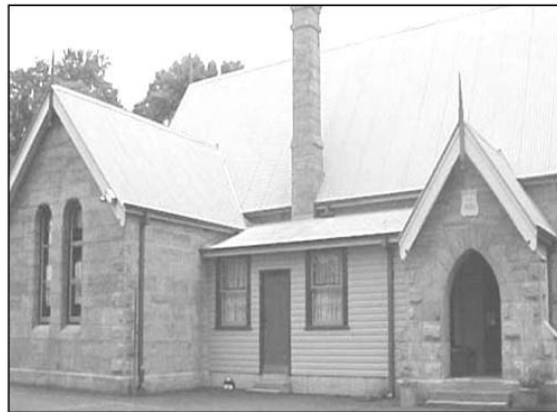
To book your seat please contact Donna Jones on 4446 0919 or 0428 260249

Terara Public School Country Fair

Saturday 27th October 2012

8.00am - 2.00pm

Held in the beautiful heritage listed school grounds:
20 Millbank Road, Terara



Devonshire Tea, Hot Food

Face Painting & Kids Games

Entertainment

Super Auction and Prizewheel

Plant and Produce Stall

White Elephant Stall

Cake, Craft Stalls & 40+ Specialty Stalls.

Great Fun for the Whole Family!



Inspired to
change
a life?

Become a Foster Carer.

CareSouth is seeking Foster Carers in your area to care for children aged 8-14 years. CareSouth offers quality support including ongoing training, generous tax free allowance, regular visits from a Caseworker, 24/7 on call support from local trained staff, and clinical support, including a Child Psychologist if required.

There are many ways you can help.

To find out about being a Foster Carer, call 4225 7588. For information on CareSouth Programs in your community go to www.caresouth.org.au

 **CareSouth**
supporting children and families

Join CareSouth Today!
www.caresouth.org.au

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CareSouth is a not-for-profit organisation, based in the Illawarra, southern Highlands, Shoalhaven and south coast and provides out of home care services for children and young people.

We have an ongoing need for families and individuals who are willing to consider becoming foster carers.

If you require any further information please contact Tracie Fleming on 4225 7588 or email tracie.fleming@caresouth.org.au or 4423 6833 Nowra